



GREAT

Circus
Arts
Education

PREPARATORY TRAINING PROGRAM 25/26

PROFESSIONAL TRAINING PROGRAM 25/28

CEFA

Circus Arts
Education

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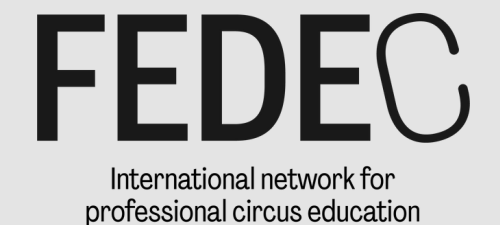
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AJUNTAMENT
DE VALÈNCIA



PRESENTATION

CREAT is a organization founded in 2020 in the City of Valencia, Spain.

The center's objectives are:

- To offer quality training with high-level teachers.
- To offer a space specifically designed and equipped for circus practice.
- To support and encourage the growth of the circus community at both national and international levels by offering a meeting and exchange point for students and professionals.
- Provide a safe and inclusive space for everyone.

CREAT is member of FEDEC (International Network for Circus Professional Education) and FEFAC (Spanish Federation of Professional Training in Circus Arts).



FACILITIES

CREAT has 4 large spaces, separated and equipped to accommodate a multitude of circus and other artistic disciplines.

- **Nave 1(450m2):**

Hall specifically dedicated to aerial disciplines (10 mobile points), Chinese pole and trapeze. It also has a floor space for disciplines such as cyr wheel, unicycle, etc.

- **Nave 2 (420m2):**

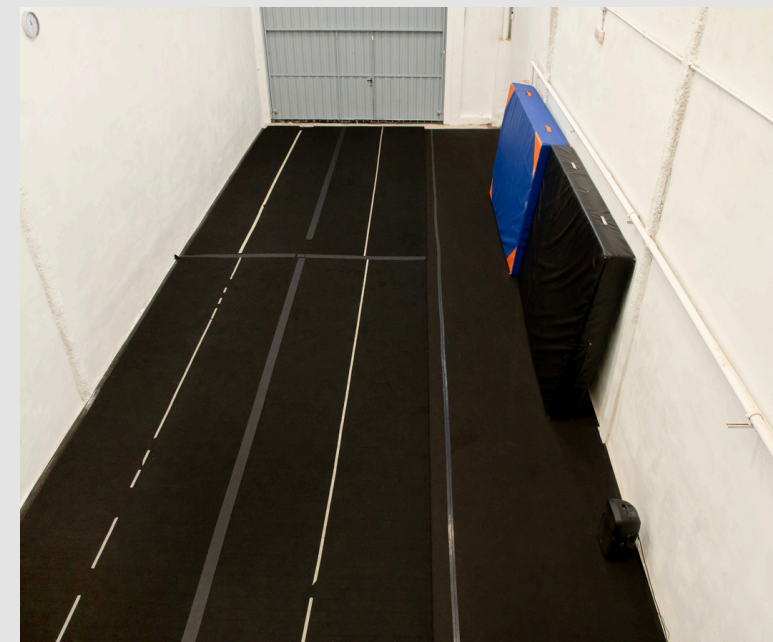
A building equipped for the practice of floor and dance disciplines. It has a dancefloor measuring approximately 10 m x 19 m, a trampoline and trampowall, and between 6 and 8 mobile points for aerial disciplines.

- **Acrostudio (140m2):**

A building focused on the practice of ground acrobatics with a padded surface.

- **Creative studio (400m2):**

Space for the creation of shows by students from the school and/or external companies.



EDUCATIONAL PROGRAM OUTLINE

Description	Duration	Who is it addressed to?	Registration deadline		
<p>PRE-PROFESSIONAL</p>	<p>PREPARATORY TRAINING PROGRAM</p>	<p>Introductory semi-intensive training.</p>	<p>8 months (October/May)</p>	<p>People with little previous experience in the circus who wish to access training that will prepare them to audition for professional training programs or to dedicate themselves to circus in a semi-professional manner.</p>	<p>First call: June 15, 2025 Second call: September 14th, 2025 (Limited spots)</p>
<p>PROFESSIONAL</p>	<p>TECHNICAL YEAR</p>	<p>1-year intensive training program.</p>	<p>1 year (October/June)</p>	<p>People with previous experience in circus, dance, acrobatics or similar who want to dedicate themselves to circus professionally.</p>	<p>Submission of material until April 11th Auditions: May 10th and 11th</p>
	<p>TWO-YEAR PROFESSIONAL PROGRAM</p>	<p>2-year intensive training program.</p>	<p>2 years (October/June)</p>	<p>People with previous experience in circus training programs who wish to continue their training as circus professionals.</p>	<p>Submission of material until April 11th Auditions: May 10th and 11th</p>



**PREPARATORY
TRAINING
PROGRAM**



The [Preparatory](#) Training Program is designed for people with little or no experience in circus and who wish to undertake intensive introductory training that will allow them to access other training courses.

The aim of the training is to prepare students physically and technically so that they can audition for full-time training centres.

The course offers between 13 and 15 hours of class per week and daily free training.

MANDATORY DISCIPLINES	Acrobatics (3h week), movement (3h week), physical preparation (2h week), flexibility (2h week), theatre (1.5h week).
OPTIONAL SPECIALIZATIONS (choose 1 option)	Silks, straps, chinese pole, aerial hoop, trapeze, rope, acroportés, handstand, acrodance, juggling, tightrope, contortion, hair hanging (3h per week).

Start of the course
September 29, 2025

End of the course
May 31, 2026

Approximate number of people per
group class: 14-18

Maximum number of people per
specialty class: 6

Minimum age:
14 years

Hours Monday to Friday - 17:00 to
21:30
2 Saturday mornings per month

Weekly hours:
13-15 hours approx.

ACCESS AND COST OF PREPARATORY TRAINING PROGRAM

ACCESS to the PREPARATORY TRAINING PROGRAM is through an online audition.

The documentation required to be considered is as follows:

- Registration form: <https://forms.gle/TTtHiJXKG4krvAUHA>
- Copy of DNI (Spaniards), NIE (residents) or passport/ID Card (foreigners).
- 1 passport-sized photograph and 1 full-length photograph.
- Video presentation where you introduces us to your interests, your motivation for taking this training and your experience in the world of performing arts (max 3 min).
- A video showing your technical skills in circus and/or other artistic or sporting disciplines (max 3 min) (VIDEO optional but recommended)
- Minors must present permission from their parents or guardians to audition and take the course.

THE DEADLINE to send your application is:

- First call: June 15, 2025.
- Second call: September 14, 2025

THE PRICE of the PREPARATORY TRAINING PROGRAM is 1950 euros per year. Once the course acceptance has been received, a payment of 500 euros must be made to reserve a place. The remaining sum of 1450 euros must be paid before September 22, 2025.

Important: none of the payments are refundable if you decide to abandon the training.





**PROFESSIONAL
TRAINING
PROGRAM**

Technical Year

Two-Year Professional Program



TECHNICAL YEAR

The technical year is designed for people interested in completing the CREAT Professional Two-Year Program.

This course aims to:

- Physically prepare students for circus practice.
- Develop solid technical skills in core disciplines such as handstands, trampoline, acrobatics, movement and theatre.
- Provide an initial foundation in specialist disciplines including:
 - Aerial: silks, rope, straps, aerial hoop, trapeze, hair hanging, etc.
 - Manipulation and balance: juggling, slack rope, handstands, etc.
 - Acrobatics: teeterboard, acrodance, acroportés, icarian, chinese pole, cyr wheel, contortion, etc.

The program is intensive and full-time, with classes held Monday through Friday mornings and afternoons.

Depending on the level and experience, students who successfully complete the Technical Year may be invited to continue their training in the Professional Two-Year Programme or to undertake a second technical year.

MANDATORY DISCIPLINES

2-4 hours per week (depending on the trimester): Acrobatics, Handstands, Movement, Trampoline, Acroportés.

4-6h per week: Physical preparation and flexibility.

SPECIALIZATION

1 discipline to choose from.

Specialization disciplines are carried out in small groups, with a minimum of 2 and a maximum of 4 people.

Depending on the number of people in the group, a minimum of 3 hours per week and a maximum of 5.5 hours will be received. However, a minimum of 6-7 hours per week will always be dedicated to practicing the specialty, either independently or with a teacher.

THEATER

3-4 hours per week or the equivalent in intensive courses.

PRODUCTIONS

Annual internal presentation.

Start of the course
September 29, 2025

End of the course
May 31, 2026

Approximate number of people per group
class: 15-18.

Maximum number of people per specialty
class: 4

Minimum age:
16 years old.

Hours Monday to Friday - 08:30 to 18:00

Weekly hours:
30/32 hours approx.

*Schedules and number of weekly hours
are approximate and may change from
one week to the next or from one quarter
to the next.

PROFESIONAL TWO-YEAR TRAINING PROGRAM

The Professional Two-Year Training Program is designed for people with previous training in circus or in related disciplines such as dance, theatre, sport, among others. This course has the following objectives:

- Reach advanced physical condition.
- Master the main transversal disciplines (acrobatics, movement, handstands, trampoline, theatre, etc.).
- Develop a solid technique in a discipline of your choice.

Aerial: silks, rope, straps, hoop, trapeze, hair hanging, etc.

Manipulation and balance: juggling, slack rope, handstands, etc.

Acrobatics: teeterboard, acrodance, acroportés, icarian, chinese pole, cyr wheel, contortion, etc.

- Obtain the necessary stage tools for the creation and development of artistic proposals.
- Gain basic knowledge in nutrition, anatomy, injury prevention, rigging etc.
- Understand fundamental aspects of the world of work and the steps to take to become a professional artist.

At the end of the course, students will have acquired the necessary tools to perform on stage with confidence and will have a solid foundation in a discipline of their choice.





CREATIVE JOURNEY OF THE PROFESSIONAL **TWO-YEAR TRAINING PROGRAM**

FIRST YEAR: Aimed at artists with previous circus training, the first year of the Two-Year Program focuses on the development of creative processes within group dynamics, both in small and large groups. The aim is to provide students with essential tools not only to successfully bring the technique to the stage, but also to understand and manage collective creative processes, which are fundamental in the creation of companies.

SECOND YEAR: In addition to continuing with group creation, the focus is broadened to the development of individual proposals. During this period, various methods of creation and experimentation are explored, culminating in the presentation of a "solo" show. In addition, second-year students must create a company project that will be presented to the "ANNUAL PROJECT" program. This program selects a company project presented by the students and provides financial support and access to residencies, with the aim of developing and producing their own show.

MANDATORY DISCIPLINES

2-4 hours per week (depending on the trimester):

Acrobatics, Handstands, Movement, Trampoline, Acroportés.

4-6h per week: Physical preparation and flexibility.

SPECIALIZATION

1 discipline to choose from

Specialization disciplines are carried out in small groups, with a minimum of 2 and a maximum of 4 people.

Depending on the number of people in the group, you will receive between a minimum of 3 hours per week and a maximum of 5.5.

MASTERCLASES

Anatomy, nutrition, rigging, injury prevention, professionalization, video editing, etc.

FIRST YEAR

THEATRE: 3-4 hours per week or the equivalent in intensive courses.

Creation processes:

1. Group show.
2. Show in small groups (3/4 people).

SECOND YEAR

THEATRE AND CREATION: 3-4 hours per week or the equivalent in intensive courses.

Creation processes:

1. Solo show.
2. Group show.

ANNUAL PROJECT: Creation of a company project.

Start of the course

September 29, 2025

End of the course

June 14, 2026

Approximate number of people per group class: 15-18.

Maximum number of people per specialty class: 4

Minimum age:

16 years old.

Hours Monday to Friday - 08:30 to 18:00

Weekly hours:

30/35 hours approx.

(approximately 1150 hours per year)

*Schedules and number of weekly hours are approximate and may change from one week to the next or from one quarter to the next.

ACCESS TO THE TECHNICAL YEAR AND THE PROFESSIONAL TWO-YEAR PROGRAM

Access to the Technical Year and the Professional Two-Year Program is through an in-person or online audition. Auditions for both programs take place at the same time and it is possible to apply for both programs. The CREAT team will allocate places based on availability and technical level.

The in-person audition will consist of a series of classes, physical tests and performances over two days.

- The in-person audition is not open to everyone, applicants must have been previously invited by the CREAT Team. The preselection for the audition will be notified before April 15th.

In the online audition, the interested person must send a series of videos and information to be evaluated.

To participate in the auditions, it is essential to send all the required material within the specified deadlines. The cost of the in-person and online audition is 15 euros.

Minors must present permission from their mother, father and/or legal guardians to attend the auditions and the course.



REQUIRED DOCUMENTATION FOR THE IN-PERSON AND ONLINE AUDITIONS



- Registration form: <https://forms.gle/prpZQVm6UGNXi3Lz7>
- Copy of DNI (Spanish), NIE (residents in Spain) or passport/ID Card (foreigners).
- 1 passport-sized photograph and 1 full-length photograph.
- Updated CV.
- Proof of payment of 15 euros (audition fee). The receipt must be sent by email to pro@creatcirc.com

Bank account:

- Cajamar IBAN: ES97 3058 2016 2427 2001 5734
- Concept: Audition and Student Name
- Presentation video (max. 3 min) introducing us to your interests, your motivation for taking this training and your professional projections (include in the form).
- Performance and/or technical skills video (maximum 5 min): A single video, (include in the form)
- Foreign nationals from the EU must send a copy of their European Health Insurance Card (EHIC). Foreign nationals from outside the EU must send a copy of a private health insurance (Only for in-person hearings).
- Medical certificate of psychophysical fitness.

REQUIRED VIDEOS

ONLINE AUDITION ONLY

Physical preparation video

(If you do not reach the required number of repetitions in each exercise, do as many as possible)

- Pull up/chin ups on bar: 15 in a row.
- Push-ups: 15 in a row.
- V-ups on bar or wall bars: 10 in a row.
- Legs, jumps: Standing, 20 groups (knees to chest).

Flexibility video

- Right and left leg splits.
- Straddle/ front splits: Back lengthened and chest as close to the ground as possible.
- Bridge.
- Forward bends: From a standing position, legs straight and chest tilted until touching the floor with your hands.

Dance video

- 1 video of maximum 1.5 minutes where a fixed choreography is performed, twice in a row and without interruption in the video between repetitions.
- 1 free improvisation video of maximum 1.5 min.

Acrobatics video

(Do only the exercises you feel confident doing, you can do them with help)

- Handstands: entering through tuck, Straddle and Pike
- Handstands forward roll.
- Forward roll.
- Backward roll into handstand
- Cartwheel or linked Cartwheel
- Round off.

Optional exercises

Walkover, back handspring (legs together or split), back somersault.

Theater video

From 1 to 3 minutes of a physical, textual or gestural theatre proposal, chosen by the participant.



ATTENTION

The image quality of the videos is not a priority, but it IS important that the image is clear and visible.

You can make the videos with your phone.

Videos must be submitted via a link from platforms such as YouTube or Vimeo.

Videos that are in the cloud and that need to be downloaded will NOT be accepted.

Video links must be included in the Registration Form.

IF YOU HAVE ANY QUESTIONS AND TO SEND ALL NECESSARY MATERIAL, USE THE FOLLOWING E-MAIL ADDRESS: pro@creatcirc.com

IMPORTANT DATES

MAY 2025 CALL:

Deadline for submitting in-person and online audition material: April 11.

Date of in-person auditions: May 10th and 11th.

Resolution of the call: May 14th.

Selected participants must confirm their place before May 20th with a non-refundable deposit of €500.





COST OF THE TECHICAL YEAR AND THE PROFESSIONAI TWO-YEAR PROGRAM

The cost of CREAT's annual training programs is €3,500 per year.

Payments are divided as follows:

- A first payment of €500 in May, when the school offers a place to the student.
- A second one-off payment of €3,000 before 22 September 2025

Important: None of these payments are refundable if you decide to leave the training program.

FOR MORE INFORMATION

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